

The Central Coaster



OFFICERS

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Glenn Allen
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Jim Trask
(805) 481-3318

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Cathy Trask
(805) 481-3318

Membership
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Publicity
Betty Theroux
(925) 699-6533

DIRECTORS
Jerry Lloyd
(805) 349-8859

Dennis Wells
(310) 643-9034

Pauline Allen
(805) 466-9425

Stan Alles
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(805) 441-4211

A NOTE FROM OUR PRESIDENT.....

Howdy! I hope everyone enjoyed Parkfield. Despite my efforts, they apparently did not know we were coming. It all seemed to go well, with help from Diane Alles. We will find a January meeting site and schedule the Chamber of Commerce representative. I agree with Jim Trask that we should have 2 names for officer positions, and volunteers for the others, to give the membership body options. We need a second name for president, vice-president, treasurer, secretary, publicity and membership. None of these positions take a ton of hours so jump right on in!

I am very pleased with the club's financial status secondary only to this year's COOLER. You're responsible for that, so reach up and pat yourself on the back.

Pauline & I enjoy all of you and appreciate your friendship. Have great, and safe holidays! See you in January.

Glenn



Our next meeting will be held at the 1880 Union Hotel, 362 Bell Street, in Los Alamos, on January 21st. We'll gather at 11:30 AM; lunch will be served at high noon. Meeting will follow. The cost to each member, is \$10.00 (half price), with the Chapter covering the balance. RSVP is mandatory and will take priority over walk-ins. A full business agenda is planned. RSVP: Jim & Cathy @ 805 481-3318 or leave a message

Happy New Year!

TOP 10 NEW YEAR'S RESOLUTIONS FOR 2012

10. I will change my oil on time.
9. I will wash my truck/car at least once a month.
8. I will resist the allure of window clings.
7. I will find a trustworthy mechanic and follow his advice.
6. I will set money aside for maintenance and repairs.
5. I will check to make sure I have a spare (with air) and a jack.
4. I will learn to change a flat, if I don't already know how.
3. I will listen to "Car Talk" on NPR at least once (Sat AM, 10 AM, KCBX).
2. I will keep at least a quarter of a tank of gas in my truck/car at all times.
1. I will be a responsible, courteous driver.

Chris King has moved again! Her new address is:

Christine King
1650 Eskaton Loop Apt 113
Roseville, CA 95747
Phone: (916) 782-0443

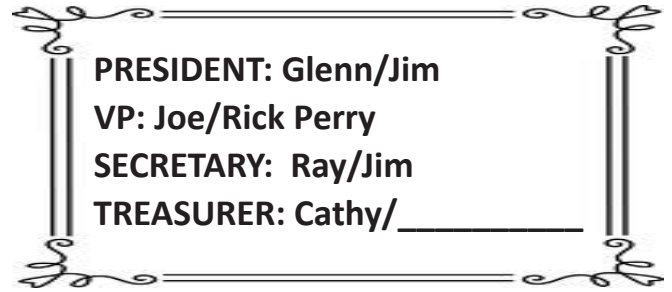


A first class postage stamp currently costs 44 cents. The US Postal Service is set to increase the rate to 45 cents, as of January 22, 2012

Our Chapter sends out close to 90 newsletters, 4 times each year. That comes to \$162.00 annually, in postage alone. Printing costs average around \$550.00 per year.

Help us save our \$\$\$\$. If you have an e-mail address, we can send your newsletter, electronically. And, good news! Very soon, the newsletter, and other important AHS articles, will be available at our new website which is currently under construction. Come to the meeting and learn more about this.

Proposed Slate of Officers



It is desired, if possible, to have two names for each of the above positions, so our membership has choices. Come to the meeting on 1/21 and be prepared to volunteer or nominate for the elected positions of VP and Treasurer.

Diann Wells has agreed to fill the position of Membership Chair, with Dennis' assistance. Send dues to Diann at 5500 119th St., Inglewood, CA 90304. There is still one position to be filled. That is Publicity Chair. The duties are not difficult and past volunteers are willing to help you get started.

Valuable is the work you do.
Outstanding is how you always come through.
Loyal, sincere and full of good cheer.
Untiring in your efforts throughout the year.
Notable are the contributions you make.
Trustworthy in every project you take.
Eager to reach your every goal.
Effective in the way you fulfill your role.
Ready with a smile, like a shining star.
Special & wonderful, that's what you are!

Call, send or e-mail suggestions for newsletter articles to Cathy Trask. May be anything of interest to the group, at large. Classified ads are free to members. Remember, this is your newsletter. Tell me what you want in it.

MINUTES FROM THE MEETING OF THE CENTRAL COAST CHAPTER, ATHS
HELD ON NOVEMBER 19, 2011 IN PARKFIELD, CALIFORNIA

Meeting called to order by President Glenn @ 1132

Flag salute

Announcements: Estrella War Birds, Sat May 19th. VP Joe...great show in July. Input truck history for newsletter.

Minutes: Approved as written in newsletter

Treasurer's Report: Cathy: balances to date, cd maturity, motion made & seconded to search for best cd rate.

Publicity- Betty: membership dues coming well, about 100 members, discussion centered around saving money on postage or the effects of receiving a "bill" and return envelope. National communications emphasizes chapter membership along with National. Remember...National membership is required.

President-Glenn: Chamber rep to speak at next meeting, if we feel it necessary to add advertizing for additional public attendance, at COOLER.

New Business: Next meeting locations: Ron Tremper's place, Windmill Farms, Marie Calendar's were some suggestions.

Panel for nominations: names are nominated for the following positions: President, VP, Secretary, Treasurer and Publicity. It is suggested for every position, that a choice of two names be nominated, for each.

Cathy-Thank you for all the donations to City of Hope.

COOLER suggestions: signage arrows for parking public.

2012 calendar pictures recognized.

Meeting adjourned 1208

Gasoline and Diesel Fuel Update

Gasoline Release Date: January 3, 2012/**Diesel Fuel Release Date:** January 3, 2012

U.S. Regular Gasoling Prices (\$ per gallon)	12/19/2011	12/26/2011	1/2/2012	Change from	
				week ago	year ago
U.S. (avg)	3.229	3.258	3.299	up 0.041	up 0.229
East Coast	3.268	3.269	3.32	up 0.051	up 0.238
Midwest	3.147	3.231	3.268	up 0.037	up 0.204
West Coast	3.490	3.503	3.546	up 0.043	up 0.310

U.S. On-Highway Diesel Fuel Prices (\$ per gallon)	12/19/2011	12/26/2011	1/2/2012	Change from	
				week ago	year ago
U.S. (avg)	3.828	3.791	3.783	dn 0.008	up 0.452
East Coast	3.873	3.84	3.844	up 0.004	up 0.487
Midwest	3.765	3.706	3.683	dn 0.023	up 0.380
California	4.047	4.039	4.046	up 0.007	up 0.539

Some real comfort food, from Cathy, to warm you on a cold, Winter's night:

CREAM OF CARROT & POTATO SOUP

6 medium potatoes

4 medium carrots

1 medium onion

boiling, salted water

1 tablespoon butter or margarine

1 tablespoon flour

2 cups milk

salt & pepper, to taste

bacon, cooked crisp

Peel & slice the potatoes, carrots & onions. Cook, in boiling, salted water, to cover, until very tender. Whirl in a blender or food processor, with the liquid.

Melt the butter in a large saucepan. Stir in flour until bubbly, then pour in the milk. Cook, stirring constantly, until slightly thick.

Add the vegetable pulp with the liquid. Season with salt & pepper. Serve topped with crumbled bacon and a pat of butter, if desired.